

Visiting Practitioners



making our talents work for you

Aleksandar Zivkovic

stargazing & astronomy



Leo Paolo Rohrmeier

fitness as an experience





As an enthusiastic stargazer, I take great pleasure in sharing my knowledge with others. With a profound understanding of astronomy, conservation, and dark sky protection, along with experience in various five-star resorts, I am well-equipped to guide my sessions. During these experiences, I will take guests on a captivating journey through space and time, linking our past and future to our unique position in the endless universe.

Stargazing and Astronomy Experiences

- ****Group Session****: Includes a science and cultural lesson covering Arabic, Greek, Asian, and Maldivian traditions, along with sky charts and equipment observation (telescope/binoculars).
- ****Private Session****: Offers astronomy lessons, a romantic dinner, and personalized sky charts.
- ****Moon Gazing****: Experience a full moon ritual that incorporates elements of yoga and meditation in collaboration with a spa.
- ****Special Sky Events****: Participate in unique occurrences such as conjunctions and annual meteor showers.
- ****Creation of Special Amenities****: Tailored experiences designed to meet resort needs.
- ****Stargazing for Kids****: Engaging activities specifically for younger audiences.
- ****Stargazing Cocktail Night****: A lively evening for larger groups.
- ****FAM and Press Trips****: Exclusive opportunities for familiarization and media coverage.
- ****Stargazing on Boats/Yachts****: Enjoy a night cruise under the stars.

****Astronomy Course****: Educational sessions for both kids and adults spanning two days.



Humans have always been captivated by the night sky. From ancient cultures to modern science, we continuously seek to comprehend the Universe and our role within it.

Experience the captivating beauty of the night sky with stargazing and astronomy sessions, designed to inspire awe and curiosity among all ages. Led by an expert guide, guests will explore celestial wonders, from sparkling constellations to distant galaxies, all while enjoying the serene ambiance of your resort's outdoor setting.

References:

Anantara Maldives
InterContinental Maldives
Four Seasons Seychelles
St Regis Red Sea
Banyan Tree Alula
Six Senses Southern Dunes
Shebara/Desert Rock Red Sea



fitness as an experience

creating a holistic & unique encounter
with new levels of wellbeing

as an experienced professional personal trainer &
physiotherapist my biggest driver and motivation
is to create exceptional experiences allowing an
immersion into increased health & fitness -
something we all strive for

languages
english
german
portuguese



fitness as an experience

resort offerings

individual 1:1 / 1:2 training sessions

group workouts

myofascial release therapy

ice body sculpting

kobido facial rejuvenation therapy

face gym

myofascial release therapy

A therapeutic treatment using physiotherapy-based techniques to release deep muscular and fascial tension, helping to reduce stiffness, tightness, and back pain effectively. The session concludes with a gentle electrotherapy stimulus to further support recovery and relaxation.

ice body sculpting

A targeted body-contouring treatment using specialized ice clay and manual sculpting techniques to help stimulate fat breakdown and refine areas such as the abdomen, arms, and glutes. Noticeable improvements can often be seen after just a few sessions.

bespoke treatments

kobido facial rejuvenation therapy

An ancient Japanese facial ritual using rapid, precise movements to stimulate facial muscles, reduce water retention, and restore a lifted, refreshed appearance naturally. Perfect after travelling.

face gym

An immersive facial workout combining vacuum therapy and gua sha techniques to naturally tone facial contours, boost circulation, and leave your skin with a healthy, radiant glow.

Company Portfolio

co-founder & owner

NoXcuses Personal Training GmbH

personaltrainingschweiz.ch

founder & co-owner

HealthyColon

healthy-colon.com

`good health is true wealth`

our overarching goal & steady aim:

offering a unique combination of
specialized experiences for the
resorts' guests ensuring an
unforgettable stay...

stargazing & astronomy

fitness as an experience

